



WHAT TO EXPECT - COLLAGEN KIT

- QR Your physician has ordered you a personalized collagen kit to aid in your recovery, to be used after your initial post-op bandages are removed.
- QR The contents will be 1 gram collagen powder packets, bordered dressing appropriate to incision size, and gauze sponge pads.
- QR Collagen powder aids the healing process by attracting amino acids which are the building blocks of the skin. This will help you heal in a timely manner and help with aesthetics of the wound.
- QR You will receive your kit one of three ways:
 - Drop-shipped to your residence 2-3 days following surgery
 - Given to you when you leave surgery center
 - Given to you at post-op visit

Follow all of your physician's wound care instructions, including a daily dressing change by applying new collagen to each wound site and covering with a new bordered dressing. Please contact Quality Recovery at 888-391-5107 with any product questions and your physician with any wound concerns.

Personalized Wound Care Kit **Instructions**

When to use this kit? Please follow your physician's instructions. This kit is most likely used following your original dressing protocol.

Removing the Dressing/s: Carefully remove the existing island dressing covering each wound.

Step 1 Check Your Wound/s

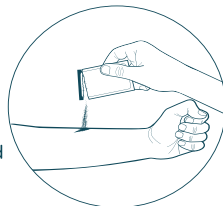
Confirm the wound and/or wounds are clean. Use gauze pads as needed.

Step 2 Applying Collagen Powder

Open a NEW STERILE Triple Helix Collagen Powder packet. Apply sufficient amount of powder (approximately ¼ inches depth) of coverage to the wound bed (not all collagen may be needed for your wound).

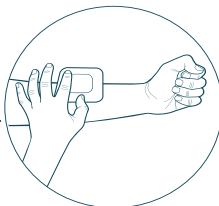
DO NOT compress powder as it may expand as it absorbs wound exudate.

If you are applying to a rounded body part, lean to the side or ask a caregiver for assistance.



Step 3 Apply the Bordered Island Dressing

Remove the bordered island dressing from the package. Remove one side of the paper liner. Place dressing over the wound and surrounding skin. Remove the remaining liner. Carefully smooth the edge of the dressing to ensure proper skin contact. Sterile Bordered Island Dressing is shower/water resistant, not water proof.



Step 4 Change the Dressing Daily

Change as directed and repeat steps 1 through 3. When changing, use caution removing bordered island dressing.

Instructions or Product Questions

For any concerns about your wound, call your physician's office. For detailed usage instructions and a full list of warnings, cautions, and contraindications, always refer to the manufacturer's guidelines for each product included in this kit. The instructions provided by Quality Recovery are merely suggestions on the sequence of product use. However, please note that these products have not been specifically designed or clinically evaluated for their combined use in addressing any particular clinical indication.

For instructions or product questions, call Quality Recovery at (888) 391-5107.

STERILE All Contents Sterile Until Opened

WARNINGS:

- Due to risk of infection, discard of any product that was used and/or damaged.
- DO NOT use Collagen Powder if you are allergic or sensitive to materials of bovine origin.
- If excessive redness, pain, swelling or blistering occurs discontinue use of Collagen Powder, Bordered Island Dressing and notify your doctor.